



South Suburban
PARKS AND RECREATION

FOR IMMEDIATE RELEASE

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South Suburban's Rec and Rock Program Expands Ages and Hours

South Suburban's Rec and Rock, a program to keep kids active and entertained, will now include children as young as 7 years of age through 14, and will operate 7 – 10:30 pm on select weekend dates at three District recreation centers.

Rec and Rock is managed by South Suburban staff and offers a supervised and safe environment. The \$10 fee includes access to the swimming pool, gymnasium, gymnastics room (Goodson Recreation Center only), dance room with DJ and lights, and other organized games and activities throughout the evening. Concessions are available onsite.

Rec and Rock follows a monthly schedule:

First Sat. of the month – Goodson Recreation Center, 6315 S. University Blvd., Centennial

Second Fri. of the month – Buck Recreation Center, 2004 W. Powers Ave., Littleton

Second Sat. of the month – Lone Tree Recreation Center, 10249 Ridgeway Circle, Lone Tree

The recreation centers are closed to the general public during Rec and Rock, and a parent or guardian must sign-in and sign-out children participating in the program.

Rec and Rock is a win/win for kids and parents alike. Kids get to run off some steam, play games and socialize with friends, and parents get an evening alone. Register online at www.sspr.org, or register at the door. Pre-registration is recommended, but not required.

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