



South Suburban
PARKS AND RECREATION

FOR IMMEDIATE RELEASE

Sept. 5, 2013

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South Suburban's Lone Tree Golf Club & Hotel to Host FORE!miler Run

South Suburban's Lone Tree Golf Club & Hotel will host the annual FORE!miler run on Sun., Sept. 29 at 7 am. The 4.4 mile run takes place throughout the scenic and hilly Lone Tree Golf Course on the cart path. Registration and packet pick-up begins at 6 am. Race fee includes a t-shirt and is \$25 through Sept. 26; \$30 fee on race day. All ages and abilities welcome. Register online at www.RunningGuru.com/Event/FOREmiler.

Enjoy post-race food and drinks and awards. Medals will be awarded for the top two finishers in age and gender categories; and awards for overall male and female finishers. No pets or strollers allowed. Lone Tree Golf Club & Hotel is located at 9808 Sunningdale Blvd., just north of Lincoln Ave., in Lone Tree. For more information call 303-483-7029.

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