



South Suburban
PARKS AND RECREATION

FOR IMMEDIATE RELEASE

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South Suburban's Buck Recreation Center Seeks Community Interest in Pickleball

Pickleball, the fastest growing sport in America, may be coming to South Suburban's Buck Recreation Center, if there's enough interest. South Suburban wants the community's input, and will host an informational meeting about Pickleball on Thurs., Aug. 22 at 7 pm at Buck Recreation Center. A hands-on demonstration in the gymnasium will follow the meeting. All are invited to attend, and learn more about the game.

Pickleball is similar to tennis and ping pong, and is a bit like badminton. It's played on a surface smaller than a tennis court with a Wiffle ball and paddle. Pickleball is suitable for all ages and abilities; and Baby Boomers especially are drawn to the sport, as it's less physically taxing than tennis and is easier on the joints. Singles or doubles can play.

Pickleball debuted at South Suburban's Sheridan Recreation Center last Nov., and due to demand, a third Pickleball court was recently added. South Suburban's Lone Tree Recreation Center added Pickleball in June. Buck Recreation Center is located at 2004 W. Powers Ave., Littleton. For more information about the upcoming meeting, call 303-730-4607. For more South Suburban classes and activities visit www.sspr.org.

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